



Combining HEALTHY with TASTY it's a difficult
and a lot of times messy task
(like solving a Rubik's cube),
but when you make it you feel PROUD
about your products!

AFTER ALL... WE ARE PROUD OF OUR FOOD!

Coffee

	HOUSE BLEND TO STAY / TO GO	SINGLE ESTATE TO STAY / TO GO
BLACK	€	€
Espresso	1,50 / 1,20	2,00 / 1,70
Espresso, double	2,50 / 1,60	3,00 / 2,10
Americano	1,50 / 1,20	2,00 / 1,70
Americano, double	2,50 / 1,60	3,00 / 2,10
Espresso freddo	2,50 / 1,60	3,00 / 2,10
Filter	-	3,50 / 2,00
Cold brew	-	3,00
Greek	1,50 / 1,00	-
Greek, double	2,50 / 1,50	-
Instant	2,50 / 1,50	-
WHITE	€	€
Cappuccino	2,50 / 1,60	3,00 / 2,10
Cappuccino, double	3,00 / 1,80	3,50 / 2,30
Latte	3,00 / 2,00	3,50 / 2,50
Cappuccino freddo	3,00 / 1,80	3,50 / 2,30
Flat white	3,00 / 2,00	3,50 / 2,50
Macchiato	2,00 / 1,50	2,50 / 2,00

Tip: Specialty Grade Coffees are premium quality, specialty coffees. They stand for 5-10% of the world coffee production. They come from farms that apply strict quality standards in the cultivation of coffee trees and bean harvest, sorting and processing.

Make it your way!



**EXTRA
ESPRESSO
SHOT**
+ €1,00



**NON-DAIRY
MILK
SPROUD***
+ €0,40



**HOMEMADE
ALMOND
MILK**
+ €0,40

* The plant milk we use is sugar-free, soy-free and gluten-free, with oats as its main ingredient, enriched with calcium, vitamins and vegetable protein.

Natural Juices

Orange	€2,50
Orange, ginger, turmeric	€3,00
Orange, pomegranate, acai berry	€3,50
<i>Tip: Juice from one pomegranate covers 40% and 25% of the daily requirements of adults in vitamin C and folic acid, respectively!</i>	
Strawberry, orange, agave nectar	€4,00
Banana, apple, spinach	€3,50
Fresh juice with seasonal fruits	€3,00

Smoothies

Antioxidant Boost (V LG LC SF)	€4,00
<i>Blackberries, raspberries, acai berry, banana, orange, coconut yoghurt, organic agave nectar</i>	
<i>Tip: Acai Berry is a "super-fruit" from the Amazon rainforests and has the highest antioxidant content of all foods!</i>	
Metabolic Boost - Yellow (V LG LC SF)	€4,00
<i>Mango, ginger, turmeric, chia seeds, organic agave nectar, coconut drink</i>	

Protein Boost (LG HP LC SF)	€4,00
38GR OF ORGANIC PROTEIN	
<i>Banana, cocoa, milk, yoghurt, organic agave nectar, peanut butter, sprouted pea and brown rice protein with a complete amino acid profile for 100% absorption</i>	

Refreshments

Home-made Sparkling lemonade (LC SF)	€3,00
<i>Sugar-free, with Madagascar vanilla, spearmint, ginger, lemon, lime, soda and agave nectar</i>	
Sugar-free soft drinks (orangeade, lemonade, cola)	€2,00
Soda/Sparkling water	€1,50
Grapefruit soda	€3,00
Ice tea (LC SF)	€3,00

Superfood Ποφήματα. Hot or Cold

Golden Latte (V LG LC SF)	€3,00
<i>Almond milk (home-made), turmeric, cinnamon, ginger, pepper, organic agave nectar</i>	

Tip: Turmeric protects the cardiovascular system, improves brain function and fights depression! The consumption of curcumin, the main active ingredient of turmeric, combined with 20 mg of pepper, which contains L-piperoylpiperidine, has been shown to increase the bioavailability of curcumin by 2000%!

Maca Latte (V LG LC SF)	€3,00
<i>Almond milk (home-made), maca, cinnamon, maple syrup + double espresso shot</i>	
+ DOUBLE ESPRESSO SHOT €4,00	

Tip: Maca has anti-inflammatory action, while it also boosts the stamina, energy and the libido!

Cacao Carob Latte (V LC SF)	€3,00
<i>Almond milk (home-made), carob powder, cocoa, chilli, organic agave nectar</i>	

Tip: Carob powder is extremely nutritious, has more calcium than milk, is an ideal source of phosphorus, carbohydrates, vitamins A, B and D and has 12,5% protein and a taste very similar to cocoa!

Matcha Latte (V LG LC SF)	€4,00
<i>Milk or almond milk (home-made), matcha tea, organic agave nectar</i>	

Tip: Matcha tea helps lose weight, as it boosts the metabolism and increases fat burning!

Hot Choco Latte (V LC)	€3,00
<i>Milk, organic cocoa, demerara sugar, maple syrup</i>	

Tea & Herbs

Ceylon OP	€2,00
<i>100% Black Ceylon tea</i>	
Fior de lavender	€3,00
<i>Green tea with verbena, lemon grass, mountain tea, lavender</i>	
Chios teardrop	€3,00
<i>Green tea with Chios mastic, pistachio, almonds, lemon</i>	
Roibos	€3,00
<i>Organic red tea</i>	
Mandarin Jasmin	€2,50
<i>Jasmine green tea</i>	
Matte Green	€2,50
<i>Coffee beans and camomile</i>	
Immune boosting tea	€2,50
<i>Lapacho, orange, vanilla</i>	
Relaxation tea	€2,50
<i>Apple, peach, citrus peel, calendula, mache, levander, camomile, spearmint, melissa, mallow</i>	
Energy tea with guarana	€2,50
<i>Green tea with ginseng, pineapple, ginger and guarana seeds</i>	
Greek mountain tea	€2,50
Verbena	€2,50

Sweets & Snacks

Cakes €3,00

- Carrot Cake with cream cheese frosting
- Lemon Cake with poppy seeds
- Banana Bread V LC SF
- Choco Almond Cake με topping
With a topping of black chocolate/orange peel/
hazelnut V or white chocolate and seasonal fruit

Whole-wheat day-fresh

baguettes and tortillas €2,50-€3,00

Quinoa Cookies V LC SF €2,00

- With cranberries and chocolate drops
- With coconut, orange and chocolate

Soft Cookies €2,00

- Healthy Nutella with peanut butter and chocolate V
- With orange and milk chocolate
- Triple chocolate
- Filled with organic peanut butter and blueberry jam
- Day specials

Ice cream scoop V LC €2,00

Non-dairy and with less sugar, with cake, cookies or
and plain with agave nectar and ground hazelnuts
Ask us about the flavours available!

Energy Balls V LC SF €1,50

- Cranberry balls, almonds, cranberry powder, dates,
peanut butter
- Matcha balls, antioxidant+metabolic boost with
cashew nuts, dates and pistachio

Protein bars V HP LC SF LG €1,50

20% PROTEIN, 147KCAL

With dates, vegetable protein and dry nuts

- Orange and cocoa
- Vanilla and hazelnut

Cold Desserts

Banoffee €3,50

Sugar-free cheesecake with seasonal jam €4,00

Cheesecake V LG LC SF €4,00

DAY'S SPECIAL (ASK US!)

Smoothie Bowls

Purple Haze, Acai Berry bowl V LG LC SF €6,00

Mixed berries, banana, chia seeds, cranberries, goji
berries, blueberries, sugar-free, home-made granola

Pink Cadillac V LG LC SF €4,50

Strawberries, banana, goji berries, hemp seeds

Yellow submarine LG LC SF €5,00

Mango, banana, granola superfood with dried fruit,
pollen, almond flakes

Made from Chocolate V LG LC SF €4,00

Banana, cocoa, ground coconut, cacao nibs, organic
peanut butter

Berry Fields V LG LC SF €5,00

Raspberries, banana, home-made granola, fresh
strawberries - when in season -, peanut butter,
cranberry powder

**ALL SMOOTHIE BOWLS CAN BE PREPARED WITH SOY OR
ALMOND MILK FOR + € 0,40**

All Day Breakfast

Sandwich with wholewheat

home-made bread €5,00

- With low-fat cheese, roast turkey, caramelised onions,
tomato, served with aragula salad LC SF
- With beetroot hummus, avocado, tomato, served with
seasonal salad V HP LC SF

Salmon Avocado Toast, 280 Kcal LC SF €6,00

Wholewheat handmade bread with smoked salmon,
avocado, lime sauce, cream cheese, aragula

+ 1 POACHED EGG, €7,00 / + 2 POACHED EGGS €7,50

Avocado toast, 301 Kcal V SF €4,50

Wholewheat handmade bread with spread of organic
avocado with lime and pine nuts, chilli flakes, served
with salad with citrus vinaigrette

+ 1 POACHED EGG €5,50 / + 2 POACHED EGGS €6,00

Choco Granola V LG LC €4,00

Baked oat flakes with nuts, cocoa, agave nectar, fresh
banana chunks with milk or almond/soy/coconut/oat
milk, hot or cold

Choco-Peanuts Porridge LG LC SF €4,50

Organic oat flakes, cocoa, organic agave nectar, fresh
bananas, chocolate, ground linseed and organic peanut
butter, milk or almond/soy/coconut/oat milk, hot or cold

*Porridge is one of the healthiest breakfast options! It is
boiled oat or quinoa flakes in milk, resulting in a creamy
dish. It helps lose weight, regulate blood sugar and reduce
the risk of heart diseases.*

Porridge of the month LG LC SF €5,00

Fruit Bowl LG LC SF €4,00

Fresh fruit, organic agave nectar and organic almond
butter

Choco Yogurt LG LC SF €4,00

2% fat yoghurt with cocoa and organic agave nectar,
organic peanut butter, banana, chocolate granola

Acai Berry Yogurt LG LC SF €4,00

2% fat yoghurt with acai Berry, chia seeds, handmade
granola with nuts and dried fruit (cranberries,
goji berries, blueberries)

**ALL CAN BE PREPARED WITH NON-DAIRY OR SUGAR-
FREE COCONUT YOGHURT + € 0,50**

Build up Omelette HP SF €5,00

**WITH 2 FREE-RANGE EGGS, SERVED WITH SEASONAL
SALAD AND WHOLEWHEAT HANDMADE BREAD (CHOOSE
3 INGREDIENTS!)**

- Turkey
- Chicken fillet
- Gruyère
- Light cream cheese
- Yellow cheese
- Beetroot hummus
- Avocado
- Lime yellow sauce
- Yellow sauce with
coconut yoghurt
and tahini
- Avocado sauce with pine
nuts and lime
- Grilled pepper cream
- Tomato
- Assorted peppers
- Baby spinach
- Aragula
- Mache
- Red cabbage
- Ground carrot

+€0,50 PER EXTRA INGREDIENT

Sweet Pancakes*

Choco Pancakes HP LC €6,50

White and black chocolate, crushed hazelnut, sugar-
free cranberries, cacao nibs

+ VEGAN OPTION WITHOUT WHITE CHOCOLATE

Protein Pancakes V HP LC €5,00

Cocoa-peanut butter sauce, fresh bananas and
handmade biscuit

Red Velvet €6,00

Red pancakes with cream cheese, blueberry jam, organic
dried blueberries, chia seeds

*** + SCOOP OF NON-DAIRY AND LESS SUGAR
ICE-CREAM + €2.00**

Savoury Pancakes

Lemon Haze Pancakes HP LC €5,50

Smoked turkey, Gruyère, baby spinach, lime sauce and
hemp seeds

+1 POACHED EGG €6,50 / +2 POACHED EGGS €7,00

Red Pesto V LC €5,50

Avocado, peppers, handmade cashew & almond cream,
red pepper cream, vegetable sprouts

Buddha Bowls

Buddha bowls are full meals. They are characterised by their balance of nutrients, as they consist of ¼ carbohydrates (wholewheat pasta, brown rice, quinoa) ¼ protein (salmon, chicken, legumes etc.) ½ vegetables and one source of good fat (avocado, nuts etc.)

Protein V LG HP LC SF €6,00
Rice, lentils, pink hummus with beetroot, red cabbage, carrot, avocado sauce, black sesame, roasted sunflower seeds

Superfood LG HP LC SF €6,00
Chicken fillet, organic quinoa, dried cranberries, hazelnuts, pomegranate sauce, cabbage, carrot

Falafel V LG HP LC SF €6,00
Baked falafel, wholewheat tortilla, grilled pepper cream, red cabbage sauerkraut, vegetable sticks, seed mix, yellow sauce with coconut yoghurt and tahini, green vegetable mix

Pasta V LC SF €6,00
Wholewheat penne with red pepper cream, vegan parmesan, vegetables, avocado, green vegetable mix and citrus dressing

Burgers

Bean Burger V HP LC SF €6,00
Handmade bean burger, tofu mayonnaise with avocado and pine nuts, caramelised onions, aragula, tomato

Chicken Burger HP LC SF €7,00
Organic chicken burger, cheese, pepper cream, avocado, iceberg lettuce, tomato in wholewheat handmade bread, served with seasonal salad

Cocktails

Aperol spritz €5,00
Aperol, soda, Prosecco, orange zest

Otto's Spritz €5,00
Otto's Athens vermouth, Aperol, grapefruit soda

Mai Tai €6,00
White and Black aged rum
Cointreau, orgeat sirup, lime

Mojito €6,00
Πούρι, brown sugar, lime, soda, spearmint

Margarita €6,00
Cointreau, tequila, lime, salt

White Wine (Bottle)

Oinopolis, Oinothiki Krouskas €10,00
UNI BLANC, RODITIS, MUSCAT

Semeli Mantinea €19,00
MOSCHOFILERO

Adoli Gis, Chardonnay €23,00
ASPROUDI, LAGORTHI, RODITIS

Rose Wine (Bottle)

Oinopolis, Oinothiki Krouskas €10,00
MERLOT

Petit Fleur, Parparousis €22,00
SEMI-SWEET, SIDERITIS

Adoli Gis €19,00
CABERNET SAUVIGNON

Red Wine (Bottle)

Oinopolis, Oinothiki Krouskas €10,00
AGIORGITIKO, CABERNET, MAVRODAFNI

Semeli Oreinos Ilios €19,00
SYRAH, AGIORGITIKO

Merkouri Estate €23,00
MAVRODAFNI, REFOSCO

Glass

Oinopolis, Oinothiki Krouskas €4,00

Prosecco, Sparkling wine €4,00

Beers

Estrella Damm Barcelona Draft Small €3,00
ALC. 4,6%

Estrella Damm Barcelona Draft Large €4,00
ALC. 4,6%

Toul's The Return, Pale Ale €6,00
330 ML • ALC. 5,0%

Kykao Herbal Saison €6,00
Mountain tea, lavender & cinnamon notes
330 ML • ALC. 7,5%

Kykao Robust Porter €6,00
Roasted bitter, coffee & bitter chocolate notes
330 ML • ALC. 7,0%

Νήσος Pilsner €4,00
330ML • ALC. 5%

Corfu Red Ale Special €5,00
330ML • ALC. 5%

Erdinger Weissbier €4,50
330 ML • ALC. 5,3%

Μάμος Pilsner €3,50
500ML • ALC. 5%

Fix Anef Low Alcohol €3,00
330 ML • ALC. 0,5%, 49,5 KCAL

All our dishes are prepared by us every day with top quality raw materials (organic too, if possible!) and are available while stocks last! We use organic, cold-pressed olive oil and do not exceed 1 tbsp. per portion. Eggs are organic. The dried fruit we use have no added sugar and nut-based butters are made from 100% organic nuts. Bread is wholewheat, handmade, without sugar and preservatives. If you have any food allergies or special food preference, please let us know in advance!



Kitchen closes
at 22.00!



Day specials
and soups start at 13.00



Wifi: rubiks2018

- V** Vegan
- LG** Low in Gluten
- HP** High in Protein
- LC** Low in Calories
- SF** Sugar Free



BRING YOUR OWN CUP!

-€0,20 discount

When you use your own cup
for a take-away order!

RubiksPatra



rubiks_patra

Αγορανομικά υπεύθυνη: Σοφία Παππά